

THE UTILIZATION OF CANNA STARCH (*Canna edulis Ker.*) AS AN ALTERNATIVE HYDROCOLLOID ON THE MANUFACTURING PROCESS OF YOGURT DRINK

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ABSTRACT

Yogurt as a fermented dairy product has been providing several benefits for human health and appropriate for people with lactose intolerance. Recently, the consumption level of yogurt has significantly increased. Starch can be used as an alternative hydrocolloid in the manufacturing process of yogurt. Indonesian Canna edulis Ker contains 63.27% amylopectin that has the potential used as an alternative hydrocolloid. Amylopectin has a very high capability of the water holding capacity to increase the viscosity and maintain the stability of yogurt drink. The present research was to determine the additional effects of Canna starch as an alternative hydrocolloid on the physicochemical and sensory properties of the yogurt drink during storage. Concentrations of 0.1%, 0.2%, 0.3%, and 0.4% canna starch and 0.2% CMC (control) were added to make yogurt. All treatments were carried out with four replications. Samples were refrigerated at 4°C for 24 hours and then analyzed for pH, titratable acidity, viscosity, syneresis, sedimentable fraction, and sensory properties. Data were analyzed by one way ANOVA, and followed by Duncan's multiple range test (DMRT). Data from the pH, titratable acidity, syneresis, sedimentable fraction, viscosity and sensory analyses obtained from the present study indicated that concentration of 0.1–0.4% (w/v) Canna starch could be applicable in the manufacture of the yogurt drink. Furthermore, it was found that 0.1% (w/v) of Canna starch selected as the best concentration could be used in yogurt manufacture process that resulted in similar sensory quality compared with CMC as commercial hydrocolloid.

Keywords : *Canna starch; hydrocolloid; yogurt drink*

ABSTRAK

*Yogurt merupakan produk susu fermentasi yang memiliki beberapa manfaat bagi kesehatan manusia serta sesuai untuk dikonsumsi bagi orang yang memiliki intoleran terhadap laktosa. Saat ini, konsumsi terhadap yogurt telah mengalami peningkatan secara signifikan. Pati ganyong (*Canna edulis Ker*) yang berasal dari Indonesia mengandung amilopektin sebanyak 63,27% yang berpotensi untuk digunakan sebagai hidrokoloid alternatif. Amilopektin memiliki kemampuan mengikat air yang sangat baik untuk meningkatkan viskositas dan menjaga kestabilan minuman yogurt. Penelitian ini bertujuan untuk mengetahui efek penambahan pati ganyong sebagai hidrokoloid alternatif terhadap*

sifat fisik, kimia dan sifat sensoris minuman yogurt selama penyimpanan. Konsentrasi yang digunakan pada penelitian ini adalah 0,1%, 0,2%, 0,3%, dan 0,4% tepung ganyong dan 0,2% CMC sebagai perlakuan kontrol. Semua uji coba dilakukan sebanyak empat kali ulangan. Sampel disimpan pada suhu 4°C selama 24 jam dan kemudian dilakukan analisis terhadap nilai pH, keasaman titrasi, viskositas, sineresis, fraksi sedimentasi, dan sifat sensorik. Pengolahan data percobaan menggunakan analisis ragam pola searah yang dilanjutkan dengan uji Duncan jika terdapat perbedaan. Data dari pH, keasaman titrasi, sineresis, fraksi sedimentasi, analisis viskositas dan sensoris yang diperoleh dari penelitian ini menunjukkan bahwa konsentrasi pati ganyong sebesar 0,1-0,4% (b/v) dapat diaplikasikan pada pembuatan minuman yogurt. Konsentrasi pemberian pati ganyong sebanyak 0,1% (b/v) dipilih sebagai perlakuan terbaik yang menghasilkan kualitas sensorik serupa dengan minuman yogurt dengan penambahan CMC sebagai hidrokoloid komersial.

Kata kunci: *Canna starch*; hidrokoloid; yogurt drink

INTRODUCTION

Yogurt as a fermented dairy product has been providing several benefits for human health and appropriate for people with lactose intolerance (Wahyudi, 2006). Recently, the consumption level of yogurt has significantly increased (Granato *et al.*, 2010). A various type of yogurt is already available in Indonesian market. Based on the texture, yogurt was divided into set yogurt and yogurt drink (Lee and Lucey, 2006). On the manufacturing process of yogurt, texture characteristic can be defined as quality parameters that affect the appearance, mouth-feel, and overall acceptability. Apparent viscosity variations, sedimentation of milk solids, and separation of whey were the most frequent problem related to yogurt texture that may lead to consumer rejection (Ares *et al.*, 2007).

Hydrocolloids as thickening agents have been used to maintain the quality of yogurt product to provide an acceptably firm texture, increase the viscosity, and reduce syneresis (Saha and Bhattacharya, 2010; Tamime and Robinson, 2007). According to Gad and Mohamad (2014), the type of hydrocolloid was classified into gelatin that derived from animal, pectin derived from a

plant extract and carboxymethyl cellulose (CMC) as synthetic hydrocolloids. Furthermore, starch can be used as alternative hydrocolloid in the manufacturing process of yogurt that has the capability to increase the viscosity (Ares *et al.*, 2007).

Starch is a complex food hydrocolloid, polymer of α -D-glucose and partially crystalline polymer. Starch granules absorb water resulting in swelling up to several times of their original size and losing their crystallinity. The complete process is known as gelatinization. Gelatinization of starch involves changes in amylase and amylopectin (Ahmed *et al.*, 2008). Indonesian *Canna starch* contained 24.06% amylose and 63.27% amylopectin that has a very high capability of water holding capacity as to increase the viscosity and maintain the stability of yogurt (Carolina and Ilmi, 2016). Recently, *Canna edulis* Ker as local Indonesian food only processed into several products such as vermicelli noodles, cookies, crackers, and traditional product including cendol, porridge, and biscuits. Therefore, the objectives of this study were to investigate the effect of *Canna starch* (*Canna edulis* Ker) addition on the physicochemical and sensory properties of the yogurt drink.

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MATERIALS AND METHODS

The research has been done at the Dairy Laboratory of Animal Science Department, National Pingtung University of Science and Technology, Taiwan. The materials were used in the manufacturing yogurt drink including raw cow milk, skim milk powder, Canna starch, *Lactobacillus bulgaricus* 12297, and *Streptococcus thermophilus* 14086.

Canna starch preparation

The preparation of Canna starch was modified from Awaluddin *et al.* (2017). Canna tubers was peeled, washed, cut into small pieces, mashed and mixed with some water. Canna with water was filtered about 7 times and then precipitated for 24 h to result whey and precipitate. Precipitate as starch was dried in oven (48°C) for 24 h. The dried starch was crushed and sieved with sieving number 80 to obtain powdered starch.

Yogurt manufacturing

Raw cow milk with 15% (w/v) skim milk powder addition was divided into 5 treatments, including 0.2% (w/v) CMC (as the control group), 0.1% (w/v) Canna starch, 0.2% (w/v) Canna starch, 0.3% (w/v) Canna starch, and 0.4% (w/v) Canna starch, respectively. After samples had been mixed thoroughly, then pasteurized at 85°C for 30 min and cooled to 43°C. Samples were inoculated with 2% (v/v) of yogurt starter culture including *S. thermophilus* and *L. bulgaricus*, and mixed thoroughly. Samples were put into 200 mL sterilized bottle and incubated at 37°C for 22 h until pH 4.6 was reached. After fermentation, yogurt samples were added with 10% (w/v) sugar solution with ratio 1:1, then stored in 4°C refrigerator. Physicochemical and sensory properties were analyzed at the 1st day of storage.

Viscosity

Dynamic viscosity was measured using the method modified from Kasinos *et al.* (2014). An amount of 80 g yogurt sample was inserted into a rotational viscometer (DV-II digital viscometer; Brookfield Engineering Laboratories, Inc., LR99102; Middleboro, MA, USA). All measurements were done at room temperature (24°C) using a number 2 spindle set to 60 rpm.

Syneresis

Syneresis of each yogurt drink samples was measured using the modified method of Ares *et al.* (2007). An amount of 20 g yogurt sample was placed in a centrifuge tube and centrifuged 1200 rpm at 4°C for 20 minutes (Hettich Centrifuger Universal 320R, Germany). The weight fraction of the supernatant recovered (%v/w).

Sedimentable fraction

The sedimentable fraction determination is to measure the stability was using the method of Wuet *et al.* (2013) an amount of 10 g yogurt sample was centrifuged at 4000 rpm at 25°C for 20 minutes (Hettich Centrifuger Universal 320R, Germany). The sedimentable fraction value was counted by the ratio of the weight of sediment to the weight of the sample. All measurements were performed in triplicate.

pH

The pH of yogurt sample was measured using a Suntex pH Meter SP-2500 (Suntex Instruments Co., Ltd., New Taipei, Taiwan). The pH meter was calibrated with buffer standards of pH 4 and pH 7, rinsed thoroughly with distilled water before used on the sample. An amount of 50 mL yogurt sample was placed in beaker glass then inserted to pH meter in auto mode, and pH values were recorded in triplicate.

Titrateable acidity

Titrateable acidity expressed as % lactic acid in yogurt sample was measured according to Sabadoš (1996). An amount of 8.8 g yogurt sample mixed with 9 ml of distilled water. Added 0.5 ml phenolphthalein (1%) and used 0.1M sodium hydroxide (NaOH) to titrate.

Sensory quality

Sensory quality in this experiment used the method of Robinson and Itsaranuwat (2006), 15 semi-trained panelist consist of 8 Taiwanese female and 7 Taiwanese male were selected. All of the panelists already passed the triangle sensory test, then trained with the control sample (0.2% CMC). The evaluation was scored on 5 point hedonic scale (1= very different, 2= different, 3= moderate, 4= similar, 5= very similar). The score obtained according to appearance, flavor, taste, mouthfeel, and overall acceptability of all treatment groups compared with control sample.

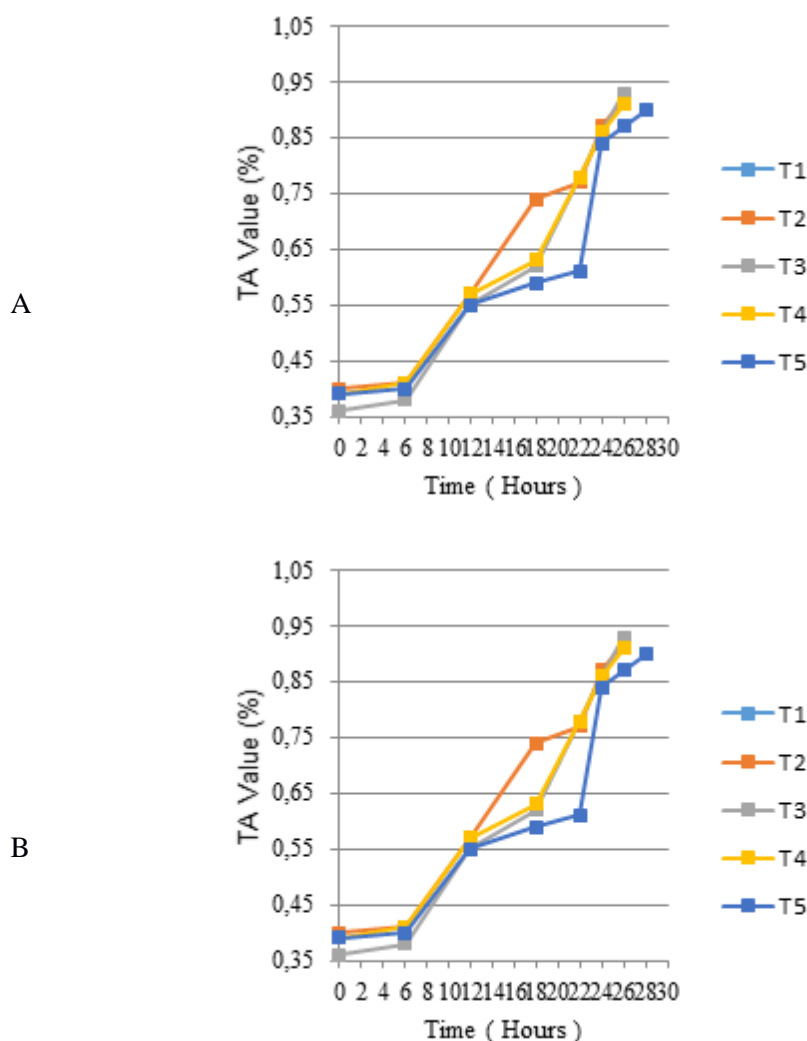
Statistical analysis

Data obtained from the results of subsequent studies analyzed by one-way analysis of variance (ANOVA) and if there is any significant difference then continued by test using Duncan's Multiple Range Test (DMRT) at the 5% significance level ($\alpha = 0.05$) with SPSS for Windows version 16.

RESULTS AND DISCUSSION

The effect of Canna starch on pH and titrateable acidity values of yogurt drink during fermentation process

Fermentation process on yogurt manufacture is a critical point that gives significantly affect the quality of final product. pH value and titrateable acidity (TA) expressed as % of lactic acid were commonly used to determine the success of fermentation process. In this experiment, the fermentation process was stopped when yogurt reaches the pH 4.6. According to Chandan (2006), the standard pH value in commercial yogurt is about 4.5 ± 0.1 that has the function for resulted pleasant product appearance and preserve the shelf life and mild flavor. Addition of Canna starch did not affect the initial pH and TA, which ranged from 6.27 to 6.30 and from 0.36 to 0.40%, respectively. However, during the fermentation process to reach 4.6 of pH value, higher percentage level of Canna starch addition showed in longer fermentation time of yogurt drink than CMC (Figure 1). The addition of CMC 0.2% (w/v) resulted in the shortest fermentation time of yogurt drink with 22 h, while 0.4% (w/v) addition of Canna starch resulted in the longest fermentation time about 28 h. Fermentation time result of yogurt samples in this experiment was different with Shima *et al.* (2012) where yogurt added with sago starch oligosaccharides only need six hours of fermentation time to reach 4.6 pH. This condition may be caused by several factors such as starter bacteria activity, incubation temperature, and fermentation time.



Remark : T1: 0.2% CMC, T2: 0.1 % Canna starch, T3: 0.2% Canna starch, T4: 0.3 % Canna starch, T5: 0.4% Canna starch.

Figure 1. Changes in pH values (a) and TA values (b) of yogurts drink during fermentation process with different percentage of Canna starch compared to CMC.

This finding is in agreement with Tamime and Robinson (2007) in some cases, the addition of 3% (v/v) active starter bacteria with the balance ratio of rods and cocci resulted incubation period less than 22 h. While applying the low incubation temperature around 30°C was occurred longer incubation time (i.e., overnight) until the desired acidity is reached. Furthermore, The slower pH values reduction of yogurt drink in Canna starch addition than CMC addition suggested that

some components present in Canna starch may have an inhibitory effect on the growth and metabolism of yogurt starter bacteria. According to Amirdivani and Baba (2011), the metabolic activity of lactic acid bacteria will affect the amount of organic acid produced that possible to reduce the pH value. The addition of plant extract to yogurt will affect the slower pH reduction that caused by the high phenolic compound that increases the buffering capacity (Michael *et al.*, 2010).

The addition of CMC 0.2% in yogurt drink (w/v) resulted in the highest titratable acidity values with 0.94 % at the end of the fermentation process (Figure 1), while 0.4% (w/v) addition of Canna starch resulted in the lowest titratable acidity values with 0.90%. The higher percentage of Canna starch addition produced lower titratable acidity value of yogurt drink. The phenolic compound present in Canna starch inhibited the growth of starter bacteria that affected the total amount of lactic acid bacteria in yogurt product. As shown by the results for pH and TA in this study, the addition of Canna starch may inhibit the metabolic activities of yogurt starter cultures, resulting in longer fermentation times than control samples.

Physicochemical characteristic of yogurt drink on the 1st-day storage pH and TA value

Changes in pH and TA values of yogurt drink during the 1st day of storage was presented in Table 1. Yogurt drink with addition of CMC and Canna starch showed no significant differences ($p>0.05$) in pH value over the 1st day of storage. Titratable acidity (TA) values of the yogurt drink with the addition of 0.2 % CMC was significantly higher ($p<0.05$) than Canna starch addition on the 1st day of storage. The addition of 0.2% CMC improved 0.94% of TA of yogurt drink, higher percentage level of Canna starch resulted in lower total acidity. Canna starch as hydrocolloid can be used as a stabilizer in yogurt product. The addition of stabilizer will inhibit the starter bacterial growth and metabolism that reduce the acid production and affected to the lower TA values of yogurt (Prasanna *et al.*, 2014).

However, according to Gad and Mohamad (2014), the use of a synthetic stabilizer such as CMC in yogurt can keep the acidity and buffering capacity in constant value during storage. The decreased pH of yogurt during

refrigerated storage is caused by some *L. delbrueckii subsp bulgaricus* and *S. thermophilus* as starter bacteria that still active to ferment lactose then produce small amounts of lactic acid (Shah *et al.*, 1995). Several conditions can prolong the decrease of pH value during storage that has been mentioned by Dzigbordi *et al.* (2013) such as the level of total solids (TS) and total soluble solids (TSS), bacterial growth rate, present of probiotic or spoilage microorganisms, amount of additives added (e.g. fruits), and storage temperatures

Syneresis rate

Syneresis or wheying-off is the main problem in yogurt production that closely related to the shelf life. In order to determine the physiological quality of yogurt samples, syneresis rate was measured on the 1st day of storage. The rate of syneresis in yogurts varied significantly ($p<0.05$) with the addition of Canna starch, the higher level of Canna starch added has resulted in lower syneresis than control. Syneresis values of yogurt drink during storage are presented in Table 1.

The mean of syneresis were

T1: $31.70\pm 0.36\%$,

T2: $33.43\pm 1.03\%$,

T3: $31.97\pm 0.51\%$,

T4: $30.40\pm 0.56\%$, and

T5: $29.43\pm 0.97\%$, respectively.

According to Table 1, the mean of syneresis rate of yogurt added with 0.4% (w/v) Canna starch (T4) was the lowest value of 29.43% and the addition of 0.1% (w/v) Canna starch (T1) as the highest with value of 33.43%. The addition of various percentages level Canna starch suppressed the syneresis of yogurt drink caused the amylopectin in canna starch could be able to binding water.

Table 1. pH, titratable acidity, syneresis, viscosity, and sedimentable fraction results during 1st storage day

Treatment	T1	T2	T3	T4	T5
pH	4.60 ± 0.01	4.59 ± 0.01	4.61 ± 0.01	4.60 ± 0.02	4.61 ± 0.01
Titratable Acidity(%)	0.94 ± 0.02 ^a	0.91 ± 0.01 ^b	0.92 ± 0.01 ^{ab}	0.91 ± 0.01 ^b	0.90 ± 0.01 ^b
Syneresis (%)	31.70 ± 0.36 ^{bc}	33.43 ± 1.03 ^d	31.97 ± 0.51 ^c	30.40 ± 0.56 ^{ab}	29.43 ± 0.97 ^a
Viscosity (cP)	78.3 ± 0.60 ^a	80.1 ± 0.65 ^a	98.9 ± 0.38 ^b	121.3 ± 1.53 ^c	152.8 ± 2.02 ^d
Sedimentable fraction (%)	0.71 ± 0.02 ^c	0.68 ± 0.01 ^{bc}	0.66 ± 0.02 ^{ab}	0.66 ± 0.01 ^{ab}	0.64 ± 0.03 ^a

Remarks :T1: 0.2% CMC, T2: 0.1 % Canna starch, T3: 0.2% Canna starch, T4: 0.3 % Canna starch, T5: 0.4% Canna starch.

Samples were stored at 4°C

^{a,b,c} Mean in the same column with different superscripts differ significantly (p<0.05).

The result of this experiment is similar to *Kiros et al.* (2016) where syneresis rate significantly decreased with the increase of added stabilizer in yogurt fortified with carrot juice. Increasing the concentration levels addition of hydrocolloid material to yogurt was significantly reduce the occurring of syneresis that caused by high water holding capacity (*Radi et al.*, 2009).

According to *Kalab et al.* (1983), different steps can be taken to reduce syneresis as to increase the total solids by adding more protein or add thickening starch and gelatin. Yogurt drink manufactured with gelatin has proven to reduce the whey separation, it is indicated that gelatin as negatively charged hydrocolloid gives rejection on the positively-charged protein molecules in yogurt that could stabilize the matrix (*Gaonkar*, 1995).

In addition, Canna starch gel properties have an opportunity to bind the protein as well as water binding capability for decrease syneresis. *Hematyar et al.* (2012) stated that protein gel is an essential point in the yogurt manufacturer because the intrinsic gel instability will lead water loss (syneresis) during storage time.

The protein hydrophilic was increased when stabilizer added that affect syneresis reduction. Hydrogen bonds between water molecules and proteins weakened, and pores between the casein molecules loosened so that it

can be passed by the free water (*Nawangwulan et al.*, 2015).

Sedimentable fraction

The quantity of sedimentable fraction was used to determine the stability of milk proteins under acidic conditions. Sedimentable fraction significantly (p<0.05) decreased with the increase of added stabilizer, the higher level of Canna starch added has resulted in lower sedimentable fraction than control on the 1st day of storage. The percentage of the sedimentable fraction of yogurt drink is shown in Table 1. The mean of sedimentable fraction were T1 0.71±0.02%, T2 0.68±0.01%, T3 0.66±0.02%, T4 0.66±0.01%, and T5 0.64±0.03%, respectively. Table 1 showed the mean of sedimentable fraction of yogurt drink added with 0.2% (w/v) CMC (T1) was the highest value 0.71% and the addition of 0.4% (w/v) Canna starch (T5) as the lowest with value 0.64%.

Canna starch reduced the sedimentable fraction of yogurt drink that caused by amylopectin capability to prevent the casein aggregates sedimentation. Some theories have explained by *Tuinier et al.* (2002) the specific mechanism stabilization when acidified milk systems reach 5.0 of pH; pectin adsorption has done via electrostatic interactions. The interaction between pectin and casein has resulted two regions network, the first as region high negative charge had strongly bind the

casein particles surface. The second region describe as dangling tails and loops was protruded on the surface of lower charge region that closely linked to steric repulsion between the casein aggregates (Kiani *et al.*, 2010).

Furthermore, Tromp *et al.* (2004) explained the function of weak gel network in pectin was averting casein aggregates sedimentation that affected long-term stability. Weak gel assumed to have the capability to prevent the colliding of casein particles and was formed in the serum phase. Thus, the type and concentration of pectin added, pH level, and ionic strength was influenced the stability of acidified milk drink.

On the other hand, the addition of 0.2% (w/v) CMC was not enough to reduce the sedimentable fraction of yogurt drink; it was caused by level CMC added was not enough to cover on the whole of protein particles and aggregation of protein particles that referred to bridging flocculation. This result was similar to Wuet al. (2014) yogurt drink added with 0.1% and 0.2% (w/v) of CMC resulted in unstable product although CMC was adsorbed onto the protein particles. However, increasing CMC concentration about 0.4% to 0.6% (w/v) could decrease the amount of CMC absorbed, this condition could occur in yogurt drink may be the improving interaction between CMC with denatured whey proteins.

According to Du *et al.* (2007), the interaction between casein micelles and CMC at low pH has a similar process as casein micelles stabilized by k-caseins in neutral pH. Moreover, excess CMC that did not absorb by protein was beneficial for the colloidal systems stability, inhibit the sedimentation rate and improve the viscosity of acidified milk drink.

Viscosity

Viscosity is the primary factor in the prevention of settling and the aggregation of solids suspended in drinks. Viscosity values indicated a significant difference ($p < 0.05$) between the yogurt drink with the addition of

CMC and Canna starch. The addition of 0.4% (w/v) Canna starch resulted in the thickest yogurt with 152.8 cP of viscosity, the higher percentage level of Canna starch resulted in thicker in yogurt texture. The similar result was showed between 0.2% CMC with 78.3 cP and 0.1% Canna starch with 80.1 cP, respectively.

The addition of Canna starch increased the viscosity due to fairly high pectin content that has a good capability to form the interactions system with protein molecules in yogurt drink. This is in agreement with Damian *et al.* (2017) several utilities of using starch such as water-bind capability, high molecular weight, and forming of the casein-starch system capability has improved the yogurt rheological properties. According Setianto *et al.* (2014) pectin was useful in the formation of gel in yogurt drink when the acidic condition was reached and could use as a stabilizer. Starch is a solid source contained amylopectin which has a significant water absorption thus increasing the viscosity (Ares *et al.*, 2007).

According to Shihata and Shah (2002), the increasing viscosity of the yogurt drink is caused by the addition of dissolved solids such as starch. However, longer storage time will affect to lower viscosity due to post acidification activity of bacterial starter still produce proteolytic enzymes. In addition, Nilsson *et al.* (2006) explained that viscosity measurements can also be used to determine the optimal use of pectin concentrations when the viscosity of yogurt increased during storage.

Gad and Mohamad (2014) have proved that high methoxyl pectin (HMP) was improved the stability of drinkable nonfat yogurt. When in the low value of pH, high methoxyl pectin molecules were in negatively charged then interact with casein micelles as positively charged to form a stable complex. Covalent linkage between protein and polysaccharide represents an attractive interaction. This mechanism was affecting the viscosity value

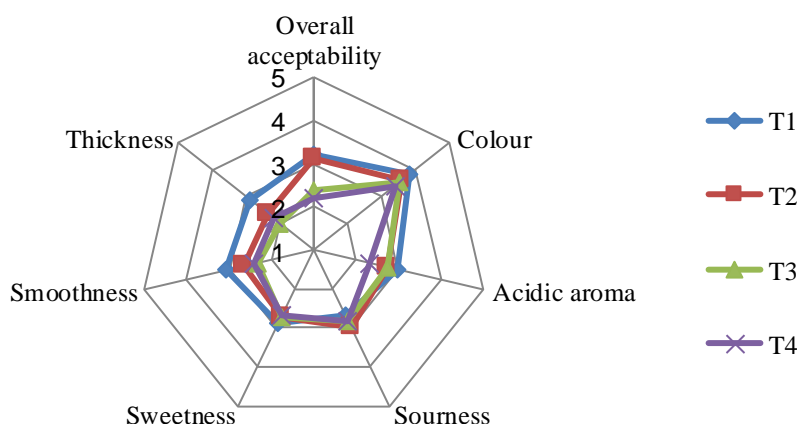
that may affect the mouthfeel and other sensory characteristics.

Khalifa and Ibrahim (2015) the increasing of modified starch added in camel's milk yogurt has increased the viscosity, the change was related to the firm gel resulted from the interaction between modified starch and casein particles. Heat treatment and milk composition, casein concentration, starter bacteria characteristic and incubation temperature were several factors that influence gel structure and viscosity (Iličić *et al.*, 2013).

Similarity sensory testing of yogurt added with Canna starch

The using of additive ingredients might change the quality of final product. Meanwhile, there is

no recent information about the effect of Canna starch on the sensory quality of yogurt product. The application of Canna starch as an alternative hydrocolloid in yogurt is expected to result in similar quality if compared with the commercial hydrocolloid. Similarity testing is required to determine the equivalence or similarity between control (CMC) and treatments (Canna starch). The yogurt samples were tested a day after manufacturing. The radar diagram of the seven sensory attributes for different Canna starch percentage compared with the control sample (0.2% CMC) is shown in Figure 2. The higher score of color, acidic, sourness, sweetness, smoothness, thickness, and overall acceptability were indicated the more similar to the control.



Remarks : T1: 0.1 % Canna starch, T2: 0.2% Canna starch, T3: 0.3 % Canna starch, T4: 0.4% Canna starch. Samples were stored at 4°C; 1—very different to 5—very similar.

Figure 2 Radar diagram of yogurt sensory properties for different Canna starch percentage compared with control sample (0.2% CMC) during 1st storage day.

The most similar color (3.80 point) compared with the control was showed in yogurt added with 0.1% (w/v) Canna starch ($p > 0.05$). Nevertheless, the level of similarity was decreased when the greatest concentration (0.4%, w/v) of Canna starch was added into yogurt drink, probably because of the original light white color of Canna starch.

The addition of 0.1% (w/v) Canna starch showed the moderately similar level of

smoothness (3.07 point) to control ($p > 0.05$), lower smoothness is correlated to the larger particle size. The moderately similar (3.00 point) of acidic aroma also found in 0.1% (w/v) Canna starch group treatments ($p > 0.05$). However, the sourness of yogurt drink added with 0.2% (w/v) showed the most similar (3.00 point) compared to the control ($p > 0.05$). Sourness was related to the presence of various acid in the yogurt during fermentation Gad and Mohamad (2014).

The addition of 0.1% (w/v) Canna starch in yogurt drinks is shown a similarity (2.87 point) compared to the control based on sweetness profile ($p > 0.05$) and thickness ($p < 0.05$). Increasing the concentration of Canna starch has been shown to increase the thickness of yogurt drink. Finally, adding 0.1% (w/v) Canna starch into the yogurt drink significantly ($p < 0.05$) resulted in the similarity overall scores compared with control. Based on all the sensory data obtained from the current study, it is suggested that 0.1% (w/v) of Canna starch is the best concentration could be used as an alternative hydrocolloid in yogurt manufacture without the deterioration of sensory properties.

CONCLUSION

The data of pH, titratable acidity, syneresis, sedimentable fraction, viscosity and sensory analyses in this study indicated that a 0.1 – 0.4 % (w/v) concentration of Canna starch were applicable in the manufacture of the yogurt drink. Furthermore, it was found that 0.1% (w/v) Canna starch addition was the best concentration used in yogurt manufacture process that resulted in similar sensory quality to CMC addition as a commercial hydrocolloid.

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